

Personal Packing List

Weekend Backpacking Trips- SPRING – FALL

- Backpack - REQUIRED on all backpacking trips
- Sturdy Hiking Boots
- Three-season sleeping bag
- Sleeping pad

- 1 pair of pants
- 1 long sleeve shirt *If at all possible, stay away from cotton clothing*
- 1 pair of underwear

- 2 pair of appropriate socks (either wool & liners or synthetic)
- Fleece or light jacket
- Personal First Aid Kit
- Pocketknife
- Matches
- Flashlight or headlamp with extra batteries
- Hat
- Rain gear
- Mess Kit (Bowl, cup, spoon)
- Biodegradable soap
- Water Bottle
- Toilet Paper
- Insect repellent
- Grooming Kit
- Towel
- Compass
- Whistle
- Extra stuff sacks, garbage bags, or Zip-loc bags
- Nylon Cord
- Trail Mix or energy bars

Shared items

- | |
|------------|
| - Tent |
| - Food |
| - Stove |
| - Fuel |
| - Cook kit |

Additional items may include: trekking poles or hiking stick, stainless steel water bottle, water filter, playing cards, binoculars, camera, journal, rain fly, backpacker's chair.

The goal is to keep your pack between 15 – 25% of your body weight. The shared items will be evenly distributed among the boys to assure proper weight distribution. Please use this list as a guide. Many items can be deleted in order to save weight. Please consult one of the adult leaders for more packing tips and questions. All of the scouts will be expected to bring their packed packs to one of the meetings.

NOT PERMITTED on backpacking trips: Candles, glass containers, electronic devices.